

PARENTS / CAREGIVERS TRAINING

Experienced community-based trainers work with parents and other people who care for babies and children with neuro-developmental disabilities.

Caregivers come together to build their understanding of their child's rights, health and early development, and create long-term support networks that improve their child's care and inclusion in their family and community.

The training is highly participatory, with everyone getting the chance to learn and practice new skills. Participants are encouraged to share their experience through discussion and reflection.

After the training, the group may set up a peer- support group, where they continue to be supported by a community facilitator, and work together to continue learning about how best to support their child, share problems, and boost their family income through activities such as village savings.

WHO IS IT FOR?

Caregivers of children with neuro-developmental disabilities, including Down's syndrome, congenital zika syndrome, microcephaly and cerebral palsy.

GROUP SIZE

- Six to ten children, with their caregivers
- Two facilitators

FORMAT

- Presentations
- Group work
- Hands-on practicals

LEARNING OBJECTIVES

By the end of the training participants will be able to:

- Understand neuro-developmental disabilities
- State the developmental milestones for young children and track their child's progress
- Understand how to manage seizures
- Understand how to position a child who needs support
- Use practical skills to address feeding and drinking difficulties
- Understand how to help their child to move
- Use practical communication skills and understand the importance of developing communication
- Understand the importance of play, including how to make simple toys
- Understand the importance of early stimulation and how to use everyday activities to help children develop
- Understand common barriers to inclusion and how to start addressing stigma and discrimination
- Have access to information on assistive devices and resources

DURATION

To be agreed with participants, either:

- Five-day residential workshop or
- Series of weekly, fortnightly or monthly
- Sessions: each session may take up to three hours and some modules may need two or three sessions

KNOW MORE

If you would like more information or to discuss this training, we'd love to hear from you!
Please write to us at: info@motivationindia.org