

Trainings @ Motivation India

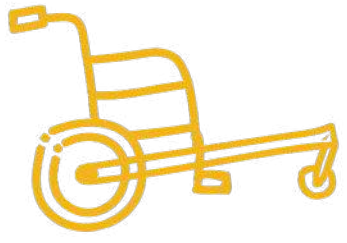


KNOW MORE

If you would like more information or to discuss this training, we'd love to hear from you!
Please write to us at: info@motivationindia.org

Who are we?

We are a public charitable trust, dedicated to improving the quality of life of persons with disabilities across India since 2011. Since our inception we have impacted over 26,000 lives.



Vision

We envision a world in which persons with disabilities are included and can fully participate in all aspects of life.



Our Mission

Our mission is to enable greater independence and opportunities for people with disabilities in under-resourced settings. through user-centric wheelchair service provision, training of rehabilitation personnel, promotion of disability inclusion in education, livelihoods and sports.

Our Values

- We are inclusive
- We are inventive
- We are empowering
- We are honest

Our Work

We work with the entire ecosystem to enable greater independence and inclusion for persons with disabilities especially in under resourced communities through:

- **Appropriate Wheelchairs:** Assess, prescribe and fit customised wheelchairs that enhance mobility, independence and access to education, livelihoods and sport.
- **Training & Support:** Build the skills of healthcare professionals, wheelchair users and families for safe and effective wheelchair use.
- **Participation & Inclusive Sport:** Empower people with disabilities as active participants and decision-makers through peer support, sport and accessible environments.
- **Disability Inclusion:** Enable organisations strengthen disability inclusion across policies, programmes, workplaces and partnerships.
- **Employee Engagement:** Build disability awareness, accessibility, while engaging employees in meaningful social impact.

About

Motivation India

What do we do?



TRAINING OF REHABILITATION PROFESSIONALS

Building the knowledge and skills needed to meet the mobility needs of wheelchair users to globally recognised WHO standards, this training packages enable staff to provide appropriate manual wheelchairs and pressure relief cushions for people with mobility impairments.

There are two packages:

- **Basic:** for staff providing services to wheelchair users who can sit upright without additional postural support;
- **Intermediate:** for staff providing services to wheelchair users who need additional postural support to sit upright.

The courses build the competencies of rehabilitation professionals, increase the number of clients who receive a wheelchair that meets their needs, and strengthen the quality of the wheelchair service provided, including greater integration of wheelchair services within rehabilitation.

As well as the training set out below, our team of clinical and technical specialists offer refresher training, training of trainers and mentoring to all staff providing wheelchair services.

WHO IS IT FOR?

Anyone who is expected to deliver a wheelchair service in their place of work. This may include health, rehabilitation and community-based workers, prosthetics, orthotists, clinicians and technicians.

FORMAT

- Presentations
- Case study discussions
- Group work
- Hands-on, practical sessions

KNOW MORE

If you would like more information or to discuss this training, we'd love to hear from you!

Please write to us at: info@motivationindia.org

LEARNING OBJECTIVES

By the end of the training participants will be able to:

- Understand and apply the principles of user-centred wheelchair service provision in line with globally recognised standards and the WHO 8-step wheelchair service provision process.
- Assess the individual mobility and postural needs of wheelchair users and use this information to make appropriate wheelchair and pressure-relief cushion recommendations.
- Select, prepare, fit and adjust appropriate wheelchairs and pressure-relief cushions to meet the functional, postural and mobility needs of individual users.
- Provide effective user training, including wheelchair mobility skills, pressure relief, safe wheelchair use, maintenance and prevention of secondary complications.
- Deliver quality wheelchair services as part of a broader rehabilitation approach, including appropriate referral, coordination with other rehabilitation professionals, and follow-up support.
- Strengthen the quality and consistency of wheelchair service delivery by applying practical skills, problem-solving approaches and continuous learning through refresher training, mentoring and peer support.

DURATION

Basic needs training: 40 hours / 5 days

Intermediate needs training: 48 hours / 6 days

GROUP SIZE

Around 15 participants, with two trainers

PEER TRAINING

Led by experienced, role-model wheelchair users, participants with mobility disabilities come together to share and learn knowledge, skills and experience.

Wheelchair users learn about maintaining health, mastering the use of a wheelchair, increasing mobility, building independence, rights and relationships.

Previous participants say that learning from someone who has gone through a similar experience is inspiring and motivational, and that the camaraderie and shared experience of peer training creates a positive atmosphere for change. For many, it is the first time they have been able to see a positive and purposeful future.

WHO IS IT FOR?

Adults (17+ years) who have a mobility disability and:

- Are healthy enough to participate safely;
- Have a (preferably appropriate) wheelchair;
- Are used to being in their wheelchair for at least 50% of their time;
- Can be away from home for four days.

GROUP SIZE

Around 12 participants, with two peer trainers

DURATION

Three to five days training

LEARNING OBJECTIVES

By the end of the training participants will be able to:

- Build greater independence and confidence in managing their daily lives and reducing reliance on family members and caregivers.
- Apply practical health management strategies, including skin care and bladder and bowel management, to prevent complications and maintain wellbeing.
- Develop greater awareness and confidence around sexuality, relationships and personal wellbeing, including making informed choices and communicating their needs.
- Demonstrate improved wheelchair mobility and everyday mobility skills to move safely and independently in different environments.
- Explore the benefits and opportunities of wheelchair sports and physical activity for health, confidence, social participation and community engagement.
- Identify and pursue livelihood and economic opportunities, including relevant skills, services, networks and support available to people with disabilities.

FORMAT

- Presentations
- Experience sharing
- Group work
- Hands-on and practical

KNOW MORE

If you would like more information or to discuss this training, we'd love to hear from you!
Please write to us at: info@motivationindia.org

PARENTS / CAREGIVERS TRAINING

Experienced community-based trainers work with parents and other people who care for babies and children with neuro-developmental disabilities.

Caregivers come together to build their understanding of their child's rights, health and early development, and create long-term support networks that improve their child's care and inclusion in their family and community.

The training is highly participatory, with everyone getting the chance to learn and practice new skills. Participants are encouraged to share their experience through discussion and reflection.

After the training, the group may set up a peer- support group, where they continue to be supported by a community facilitator, and work together to continue learning about how best to support their child, share problems, and boost their family income through activities such as village savings.

WHO IS IT FOR?

Caregivers of children with neuro-developmental disabilities, including Down's syndrome, congenital zika syndrome, microcephaly and cerebral palsy.

GROUP SIZE

- Six to ten children, with their caregivers
- Two facilitators

FORMAT

- Presentations
- Group work
- Hands-on practicals

LEARNING OBJECTIVES

By the end of the training participants will be able to:

- Understand neuro-developmental disabilities
- State the developmental milestones for young children and track their child's progress
- Understand how to manage seizures
- Understand how to position a child who needs support
- Use practical skills to address feeding and drinking difficulties
- Understand how to help their child to move
- Use practical communication skills and understand the importance of developing communication
- Understand the importance of play, including how to make simple toys
- Understand the importance of early stimulation and how to use everyday activities to help children develop
- Understand common barriers to inclusion and how to start addressing stigma and discrimination
- Have access to information on assistive devices and resources

DURATION

To be agreed with participants, either:

- Five-day residential workshop or
- Series of weekly, fortnightly or monthly
- Sessions: each session may take up to three hours and some modules may need two or three sessions

KNOW MORE

If you would like more information or to discuss this training, we'd love to hear from you!
Please write to us at: info@motivationindia.org

TRAINING ON DISABILITY INCLUSION

Strengthen understanding and practice of disability inclusion:

This training enables leadership teams and key staff of civil society organisations to strengthen their understanding of disability inclusion, the barriers faced by persons with disabilities, and the practical steps organisations can take to make their policies, programmes and practices more inclusive.

This means organisations are better equipped to identify and address barriers, improve accessibility, and ensure that persons with disabilities can participate meaningfully and benefit equitably across areas such as education, skilling, livelihoods, health, recreation and sports, and community participation.

WHO IS IT FOR?

Leadership teams and key staff of civil society organisations, volunteers.

DURATION

Three days workshop or a rolling series of sessions

FORMAT

- Presentations
- Case study discussions
- Group work
- Hands-on, practical's

LEARNING OBJECTIVES

By the end of the training participants will be able to:

- Explain disability and disability inclusion and understand their relevance to equitable and inclusive development.
- Identify key barriers to inclusion—including attitudinal, physical, communication, institutional and systemic barriers—and understand how these affect the participation and opportunities of persons with disabilities.
- Recognise the intersection of disability with gender and other forms of disadvantage, and understand the importance of addressing these factors in programme design and implementation.
- Apply principles of accessibility and reasonable accommodation to make organisational environments, services, information and programmes more inclusive.
- Identify practical approaches, tools and assistive technologies that can enable meaningful participation of persons with disabilities across education, skilling, livelihoods, health, recreation and sports.
- Integrate disability inclusion into organisational policies, programmes and monitoring and evaluation, including identifying opportunities for improvement and developing practical actions to strengthen inclusion.

GROUP SIZE

Around 15 participants, with two trainers

KNOW MORE

If you would like more information or to discuss this training, we'd love to hear from you!

Please write to us at: info@motivationindia.org

WHEELCHAIR SERVICE MANAGERS TRAINING

People responsible for running wheelchair services gain an overview of the manager's role in engaging people and leading the implementation of the eight steps of wheelchair service delivery. This includes the planning, organizing, staffing, directing, budgeting, funding, and monitoring and evaluation.

As a result, service managers can better understand and support the establishment or improvement of wheelchair provision in their organisation.

WHO IS IT FOR?

Anyone who is responsible for running, managing or evaluating a wheelchair service. Previous experience in wheelchair service management is not necessary, but the course assumes participants have core management skills.

GROUP SIZE

Up to 20, with two trainers and an experienced wheelchair user advisor

FORMAT

- Presentations
- Case study discussions
- Group work
- Hands-on, practical sessions

DURATION

14 hours - Can be delivered on consecutive days or through a series of separate sessions

LEARNING OBJECTIVES

By the end of the training participants will be able to:

- Understand the role and responsibilities of a wheelchair service manager in establishing, managing and strengthening quality wheelchair services.
- Plan and organise the delivery of the eight steps of wheelchair service provision, ensuring that services are accessible, coordinated and responsive to the needs of wheelchair users.
- Effectively manage people and resources, including staffing, team roles, supervision, coordination and performance management within wheelchair services.
- Develop and manage service budgets and funding requirements, including planning for equipment, staffing, infrastructure and other resources needed for sustainable service delivery.
- Establish systems for monitoring, evaluation and quality improvement, using service data and feedback to track performance, identify gaps and strengthen wheelchair provision.
- Integrate wheelchair services within broader rehabilitation and health systems, and identify practical actions to establish or improve sustainable wheelchair services within their organisation.
- Demonstrate an understanding of their basic human rights
- Demonstrate an understanding of the health issues related to their disability

KNOW MORE

If you would like more information or to discuss this training, we'd love to hear from you!

Please write to us at: info@motivationindia.org

EVERYONE

There are some areas of skill and knowledge that are useful for everyone involved in establishing, delivering, improving or using wheelchair provision services.

The events build a foundational knowledge of the need for and benefit of appropriate wheelchair provision and different stakeholders' roles in developing and supporting provision.

WHO IS IT FOR?

Anyone who has a part to play in influencing and supporting appropriate wheelchair provision, e.g., policy makers, leaders, politicians, disabled people's organizations, wheelchair users and their families, caregivers, funders, donors, clinicians, technicians, rehabilitation workers, community-based health promoters, wheelchair manufacturers and suppliers, professional groups.

GROUP SIZE

Up to 30 people, with one trainer for every ten attendees and at least one experienced wheelchair user advisor.

DURATION

3 - 4 hours

LEARNING OBJECTIVES

By the end of the training participants will be able to:

- Explain what makes a wheelchair appropriate and the need for a range of different types of wheelchairs;
- Highlight the needs of wheelchair users and the benefits to all when wheelchair users are as mobile and as independent as possible;
- Understand current wheelchair provision and a way forward for further improvement and sustainability;
- Explain the role each stakeholder should play in securing adequate wheelchair provision;
- Propose strategies to help the change process, communicate the vision of success, remove obstacles and provide support;
- Advocate for national policies and standards and awareness of disability inclusion.

FORMAT

- Presentations
- Discussions
- Group work

KNOW MORE

If you would like more information or to discuss this training, we'd love to hear from you!

Please write to us at: info@motivationindia.org

If you'd like to discuss or support our work,
please do get in touch.

Email us at:

info@motivationindia.org

Call us at:

91(0)80 25438669

To know more visit:

www.motivationindia.org

Follow us on:



@WeAreMotivationIndia

Meet us at:

107/B, Ground Floor,
29th A Cross Rd,
7th Block, Jayanagar,
Bengaluru, Karnataka 560070



Contact
Us